

**Sub Junior, Junior and Senior HR State 2024 - 18-07-2024 to 21-07-2024**  
**Meet Program - Haryana State 2024 20 July 2024**

**Event 91 Boys 12-14 1500 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
3	Sindhu, Arnav	12	Charkhi Dadri	
4	Kumar, Harsh	14	Jind	
5	Sharma, Raman	12	Hisar	
6	Nuian, Aatish	14	Sirsa	
7	., Prikshit	12	Sirsa	
8	Bhatia, Hrehan	12	Karnal	
<b>Heat 2 of 2 Timed Finals</b>				
1	-, Hitesh	14	Palwal	
2	Raj, Ankesh	12	Ambala	
3	Kharb, Devesh	12	Gurugram	
4	Lathar, Rohit	13	Jhajjar	
5	Singh, Darsh	14	Faridabad	
6	Dalal, Veer	12	Jhajjar	
7	-, Vihan	12	Jhajjar	
8	Gandhi, Daksh	13	Gurugram	
9	Rangi, Aditya	13	Gurugram	
10	., Kunal	13	Charkhi Dadri	

**Event 92 Girls 12-14 1500 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
3	Sood, Manya	12	Gurugram	
4	-, Chhavi	12	Palwal	
5	Singh, Lakshita	14	Faridabad	
6	Julka, Niyati	13	Palwal	
7	Sheth, Priyasha	12	Gurugram	

**Event 93 Boys 15-17 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Timed Finals</b>				
4	Goel, Raghav	15	Kaithal	
5	Nain, Raman	15	Fatehabad	
6	Sharma, Laksh	17	Kurukshetra	
<b>Heat 2 of 4 Timed Finals</b>				
2	Noonia, Sunny	17	Bhiwani	
3	Dagar, Shivam	15	Palwal	
4	., Naman	15	Charkhi Dadri	
5	Boora, Ayush	16	Jind	
6	Sharma, Aryan	15	Yamunanagar	
7	Mahabali, Yash	15	Palwal	
8	Khan, Nishar	15	Hisar	
9	Khatana, Prince	15	Bhiwani	
<b>Heat 3 of 4 Timed Finals</b>				
1	Singh, Navreet	17	Sirsa	
2	Bhardwaj, Antarmann	17	Ambala	
3	., Prince	16	Gurugram	
4	Bhardwaj, Ujjwal	17	Ambala	
5	Malik, Sagar	15	Panipat	
6	Suri, Aryaman	15	Gurugram	
7	-, Rahul	16	Sirsa	
8	Singh, Ishant	16	Charkhi Dadri	
9	Tushir, Mayank	15	Jhajjar	
10	Barua, Debjyoti	16	Sonipat	

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**Heat 4 Timed Finals... (Event 93 Boys 15-17 200 LC Meter Freestyle)**

1	Rathee, Arman	15	Panipat
2	., Aman	16	Charkhi Dadri
3	Sharma, Sheersh	16	Gurugram
4	-, Ishant	15	Jhajjar
5	-, Saksham	16	Jhajjar
6	-, Shubham	17	Panipat
7	Adhikari, Nayan	15	Ambala
8	Malik, Udit	16	Faridabad
9	-, Prikshit	15	Sirsa
10	Khatri, Uttam	16	Sonipat

**Event 94 Girls 15-17 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Timed Finals**

1	-, Shiksha	15	Karnal
2	Insan, Khushmil	15	Shah Satnam
3	Kumari, Nibha	16	Shah Satnam
4	Wadhawan, Diya	15	Yamunanagar
5	Verma, Avnita	16	Hisar
6	Sharma, Vatsala	17	Yamunanagar
7	Kaur, Jaspreet	15	Yamunanagar
8	Saharan, Riya	16	Sirsa
9	-, Alka	16	Karnal

**Heat 2 of 2 Timed Finals**

1	-, Kashish	16	Palwal
2	Tushir, Monisha	17	Sonipat
3	-, Bhavika	16	Jhajjar
4	Choudhary, Raunaq	16	Gurugram
5	-, Harshita	15	Rohtak
6	Ahlawat, Suhani	17	Gurugram
7	Malhotra, Aarzoo	15	Gurugram
8	Mann, Sunaina	17	Jhajjar
9	Malik, Kashish	17	Faridabad
10	Panwar, Trisha	15	Hisar

**Event 95 Men 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Timed Finals**

2	-, Prince	21	Kaithal
3	Phogat, Daksh	18	Jhajjar
4	Majoka, Naman	18	Karnal
5	Singh, Uday	24	Gurugram
6	Kumar, Nitesh	30	Bhiwani
7	-, Bholender	21	Jhajjar
8	Khokher, Dishant	19	Jhajjar

**Heat 2 of 2 Timed Finals**

1	Singh, Arnav	17	Gurugram
2	Ahuja, Parth	14	Hisar
3	Dhull, Aman	19	Jind
4	Kumar, Krishan	37	Jind
5	Mahajan, Priyanshu	21	Faridabad
6	Bahl, Arjun	18	Gurugram
7	-, Sahil	18	Ambala
8	Khatri, Ayaan Veer	15	Sonipat
9	Gulati, Siddharth	15	Gurugram
10	-, Harsh	17	Shah Satnam

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**Event 96 Women 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
2	Gulia, Moni	19	Jhajjar	
3	Gupta, Evaa	13	Gurugram	
4	Goyat, Yashvi	17	Palwal	
5	-, Bharti	21	Sonipat	
6	-, Yamini	18	Hisar	
7	Sharma, Adya	15	Gurugram	
8	Chawla, Miraya	10	Gurugram	

**Event 97 Boys 10-11 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
2	Saini, Paramveer	11	Karnal	
3	., Prateek	10	Charkhi Dadri	
4	., Arjun	10	Gurugram	
5	Shekhawat, Yakshitt	11	Sonipat	
6	Panwar, Abhish	11	Hisar	
7	Kalkal, Tnay	11	Charkhi Dadri	
8	Singh, Karnpreet	10	Panchkula	

**Heat 2 of 2 Timed Finals**

1	Gupta, Yash	11	Gurugram	
2	Tanwar, Keshav	11	Palwal	
3	Yadav, Ujjwal	11	Palwal	
4	Singh, Agamjit	11	Ambala	
5	Malik, Anav	11	Sonipat	
6	Kumar, Yash	11	Jind	
7	Malik, Digvijay	10	Jind	
8	Sangwan, Mayank	11	Jind	
9	-, Dev	10	Palwal	
10	Rajagopal, Avyukt	11	Gurugram	

**Event 98 Girls 10-11 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
2	-, Laxmi	11	Palwal	
3	-, Gouri	10	Palwal	
4	-, Shruti	11	Sonipat	
5	Saroha, Serena	11	Gurugram	
6	Parashar, Shatakshi	10	Jhajjar	
7	Sethi, Demira	11	Palwal	
8	-, Nishtha	11	Sonipat	

**Event 99 Boys 8-9 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
4	Sri Sai Ramanujam, Buduri Yushaan	9	Ambala	
5	-, Yashvir	9	Palwal	
6	., Shauray	9	Charkhi Dadri	
<b>Heat 2 of 2 Timed Finals</b>				
2	., Daksh	9	Charkhi Dadri	
3	Jakhar, Rudraksh	9	Palwal	
4	Dhull, Nikunj	8	Sonipat	
5	Pattanwal, Manan	9	Panipat	
6	Antil, Ayush	9	Sonipat	
7	Sangwan, Tejas	8	Charkhi Dadri	
8	Lohan, Dhruvin	9	Gurugram	

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**Heat 2 of 2 Timed Finals**

9 Dhagat, Ayansh 8 Gurugram

**Event 100 Girls 8-9 100 LC Meter Butterfly**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
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**Heat 1 of 1 Timed Finals**

2	Singh, Dhanasri	9	Hisar	
3	Singh, Navya	9	Gurugram	
4	Ahuja, Srisha	8	Gurugram	
5	-, Pavani	8	Ambala	
6	Joshi, Arohi	8	Gurugram	
7	-, Punj	9	Charkhi Dadri	
8	Dhankhar, Jagriti	9	Charkhi Dadri	

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**Event 101 Boys 12-14 200 LC Meter Freestyle**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 5 Timed Finals</b>				
4	Lohchab, Arnav	13	Hisar	
5	Kumar, Kunal	13	Karnal	
6	Khatri, Nitesh	13	Jhajjar	
<b>Heat 2 of 5 Timed Finals</b>				
1	Kundu, Tanishq	14	Karnal	
2	Bhatia, Hrehan	12	Karnal	
3	Sangwan, Purav	12	Charkhi Dadri	
4	Kumar-, Nitesh	14	Bhiwani	
5	Kumar, Ansh	14	Yamunanagar	
6	Sharma, Raman	12	Hisar	
7	Malik, Chetanneya	13	Jhajjar	
8	Raj, Krishna	14	Panchkula	
9	Kumar, Vasu	12	Panchkula	
10	Malik, Divyam	13	Kurukshetra	
<b>Heat 3 of 5 Timed Finals</b>				
1	Kumar, Dev	14	Jind	
2	Singh, Akaalbeer	12	Faridabad	
3	Kaliramna, Shourya	13	Charkhi Dadri	
4	Ahuja, Parth	14	Hisar	
5	Maan, Armaan	13	Jhajjar	
6	-, Harshit	12	Sirsa	
7	Kumar, Harsh	14	Jind	
8	Laller, Aryaveer	14	Yamunanagar	
9	Anshu, Omanshu	14	Yamunanagar	
10	Kalkal, Rudraksh	13	Charkhi Dadri	
<b>Heat 4 of 5 Timed Finals</b>				
1	Jangra, Jatin	13	Jhajjar	
2	Rathore, Divit	13	Faridabad	
3	Dutta, Sarth	12	Mahendargarh	
4	Sardana, Sanyam	14	Ambala	
5	Singh, Satkartar	14	Ambala	
6	Mor, Aaryan	13	Sonipat	
7	Bali, Shivanssh	14	Panipat	
8	Kaushik, Gaurav	14	Jhajjar	
9	Mathur, Arjun	14	Ambala	
10	Insan, Sukhman	13	Shah Satnam	
<b>Heat 5 of 5 Timed Finals</b>				
1	-, Kamal	12	Sirsa	
2	Punia, Dhruv	14	Rohtak	
3	Gandhi, Daksh	13	Gurugram	
4	Julka, Devansh	12	Palwal	
5	Mohindra, Krish	12	Faridabad	
6	Gulia, Anant	14	Gurugram	
7	-, Tarun	14	Sonipat	
8	Thind, Yupanjot	14	Sirsa	
9	Lakra, Daksh	12	Rohtak	
10	Kharb, Devesh	12	Gurugram	

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**Event 102 Girls 12-14 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>				
1	Singh, Gargi	13	Karnal	
2	-, Palak	13	Shah Satnam	
3	., Bhautik	12	Charkhi Dadri	
4	Mehta, Ramya	13	Ambala	
5	Saharan, Priyanshi	12	Sirsa	
6	., Himani	14	Charkhi Dadri	
7	-, Devyanshika	13	Hisar	
8	Kaur, Ashmeet	14	Shah Satnam	
9	-, Aaradhya	13	Kaithal	
10	Miglani, Yashika	13	Kaithal	
<b>Heat 2 of 3 Timed Finals</b>				
1	-, Tejasvi	13	Jhajjar	
2	-, Aahana	14	Jhajjar	
3	Saini, Aanya	14	Faridabad	
4	-, Shivanshi	13	Sonipat	
5	-, Anushree	13	Hisar	
6	Sharma, Ojaswini	12	Ambala	
7	Goel, Anaya	12	Faridabad	
8	-, Vidushi	13	Jhajjar	
9	-, Yashika	14	Sonipat	
10	-, Shreya	12	Sonipat	
<b>Heat 3 of 3 Timed Finals</b>				
1	-, Chhavi	12	Palwal	
2	Thakurela, Aarna	13	Faridabad	
3	Insan, Sargam	12	Shah Satnam	
4	Kaur, Anureet	13	Rohtak	
5	Chatterjee, Stuti	14	Gurugram	
6	Julka, Niyati	13	Palwal	
7	Agarwal, Zoya	14	Gurugram	
8	Gupta, Evaa	13	Gurugram	
9	Gahlyan, Aakriti	14	Panipat	
10	Kumari, Nainsi	12	Jind	

**Event 103 Boys 15-17 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Insan, Harmeet	15	Shah Satnam	
2	Kashyap, Saubhagya	16	Gurugram	
3	Mehta, Mayank	15	Faridabad	
4	Joon, Mayank	17	Jhajjar	
5	-, Saksham	16	Jhajjar	
6	Goyat, Rakshit	15	Palwal	
7	Tapuriah, Saiansh	15	Gurugram	
8	Bhardwaj, Rijul	16	Gurugram	
9	Rathee, Arman	15	Panipat	
10	Bijarenia, Lakshey	16	Hisar	

**Event 104 Girls 15-17 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
4	Kumari, Nibha	16	Shah Satnam	
5	Shingari, Samiya	15	Gurugram	
6	Mathur, Khushi	16	Ambala	
7	Thakur, Kunjal	16	Ambala	

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**Event 105 Boys 12-14 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Timed Finals</b>				
1	Singh, Rannsher	14	Karnal	
2	Nehra, Devish	14	Shah Satnam	
3	Lohan, Yudhveer	14	Panchkula	
4	Kumar, Ansh	12	Jind	
5	Insan, Sahaj	12	Shah Satnam	
6	Kumar-, Yash	12	Jind	
7	Choudhary, Kovid	12	Karnal	
8	Nain, Sourabh	14	Karnal	
9	Arora, Grishm	13	Kurukshetra	
<b>Heat 2 of 4 Timed Finals</b>				
1	Lohchab, Arnav	13	Hisar	
2	., Hardik	13	Charkhi Dadri	
3	Kumar, Dhruv	13	Jind	
4	Veer, Lakshy	12	Hisar	
5	Kaushik, Ayush	14	Faridabad	
6	., Yash	13	Gurugram	
7	Patel, Jivitesh	14	Faridabad	
8	Kamboj, Bhoumik	13	Sirsa	
9	-, Amandeep	14	Sirsa	
10	.., Tarun	14	Bhiwani	
<b>Heat 3 of 4 Timed Finals</b>				
1	Srivastava, Atharv	13	Gurugram	
2	Malhotra, Saksham	13	Ambala	
3	Singh, Satkartar	14	Ambala	
4	Saini, Yash	13	Sirsa	
5	Sharma, Kavya	14	Sonipat	
6	Mohindra, Krish	12	Faridabad	
7	Singh, Daljeet	14	Shah Satnam	
8	-, Tarun	14	Sonipat	
9	-, Sumit	14	Jhajjar	
10	Ahuja, Yajas	13	Gurugram	
<b>Heat 4 of 4 Timed Finals</b>				
1	Rana, Tejasveer	14	Ambala	
2	Dutta, Sarth	12	Mahendargarh	
3	Ranga, Saksham	13	Yamunanagar	
4	Rao, Jaivardhan	13	Jhajjar	
5	Singh, Aniruddh	13	Panipat	
6	Laller, Aryaveer	14	Yamunanagar	
7	-, Dungarmal	13	Rohtak	
8	Kumar, Ansh	14	Yamunanagar	
9	Khatri, Nitesh	13	Jhajjar	
10	Punia, Dhruv	14	Rohtak	

**Event 106 Girls 12-14 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>				
4	Choudhary, Rakshita	13	Hisar	
5	Saini, Aanya	14	Faridabad	
6	Gupta, Khushi	12	Faridabad	
7	Singh, Gargi	13	Karnal	

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**Heat 2 Timed Finals... (Event 106 Girls 12-14 50 LC Meter Breaststroke)**

1	Saharan, Priyanshi	12	Sirsa
2	-, Kanishka	14	Shah Satnam
3	Ranga, Alisha	13	Yamunanagar
4	-, Snover	13	Charkhi Dadri
5	Gahlyan, Aakriti	14	Panipat
6	Sharma, Dikshika	13	Hisar
7	Phogat, Shakshi	14	Charkhi Dadri
8	Dahiya, Krisha	12	Palwal
9	Gupta, Jaishree	13	Sirsa
10	Saini, Amandeep	13	Karnal

**Heat 3 of 3 Timed Finals**

1	Verma, Sanvi	14	Faridabad
2	Tushir, Deepika	14	Sonipat
3	-, Shreya	12	Sonipat
4	Singh, Adya	14	Gurugram
5	Agarwal, Zoya	14	Gurugram
6	-, Shivanshi	13	Sonipat
7	Thakur, Gaurika	12	Ambala
8	Khanna, Ruhani	12	Gurugram
9	Sharma, Ojaswini	12	Ambala
10	Choudhary, Diksha	12	Hisar

**Event 107 Men 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>			
2	Jhajjar	A	
	1) Deswal, Bhumik 19	2) Khokher, Dishant 19	3) Phogat, Daksh 18
3	Sonipat	A	4) -, Bholender 21
	1) -, Avtansh 24	2) Khatri, Ayaan Veer 15	3) Gulia, Jayant 18
4	Gurugram	A	4) Saroha, Harsh 20
5	Ambala	A	
	1) -, Sarthak 20	2) -, Sahil 18	3) -, Sachin 18
6	Sirsa	A	4) Nain, Robin 19
	1) -, Prikshit 15	2) Thind, Yupanjot 14	3) -, Rahul 16
7	Shah Satnam	A	4) Saini, Yash 13
	1) Singh, Avtar 17	2) Barman, Deepanshu 17	3) -, Tanishq 16
8	Palwal	A	4) Saini, Udit 15
	1) Goyat, Rakshit 15	2) -, Kartik 15	3) -, Ishant 12
			4) -, Hitesh 14

**Event 108 Women 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>			
2	Palwal	A	
	1) Goyat, Yashvi 17	2) -, Kashish 16	3) -, Chhavi 12
3	Sonipat	A	4) -, Laxmi 11
	1) -, Pranjal 13	2) Lohchab, Gungun 18	3) -, Bharti 21
4	Ambala	A	4) Nawani, Ansha 22
	1) Thakur, Kunjal 16	2) Thakur, Aasma 16	3) Thakur, Gaurika 12
5	Sirsa	A	4) Mathur, Khushi 16
	1) Nuian, Anushka 14	2) -, Simran 18	3) -, Aastha 19
6	Gurugram	A	4) Saharan, Riya 16
7	Shah Satnam	A	
	1) -, Kavya 16	2) -, Sanjana 19	3) -, Nisha 18
8	Jhajjar	A	4) -, Jyoti 21
	1) Dalal, Priyanshi 17	2) Vijayran, Ssamridhi 20	3) -, Mohini 16
			4) Khatri, Priyanshi 17

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**Event 109 Boys 12-14 400 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>			
1	Shah Satnam	A	
	1) Kumar, Aman 14	2) -, Sagar 14	3) Singh, Daljeet 14 4) Insan, Sukhman 13
2	Palwal	A	
	1) -, Hitesh 14	2) -, Ishant 12	3) Julka, Devansh 12 4) Kumar, Yash 12
3	Sirsa	A	
	1) Nuian, Aatish 14	2) Thind, Yupanjot 14	3) Saini, Yash 13 4) -, Amandeep 14
4	Ambala	A	
	1) Sardana, Sanyam 14	2) Rana, Tejasveer 14	3) Raj, Ankesh 12 4) Singh, Satkartar 14
5	Charkhi Dadri	A	
	1) ., Kunal 13	2) Kaliramna, Shourya 13	3) Kalkal, Rudraksh 13 4) ., Hardik 13
6	Gurugram	A	
7	Sonipat	A	
	1) -, Tarun 14	2) Dhull, Shubham 14	3) Sharma, Kavya 14 4) Rathi, Daksh 13
8	Jind	A	
	1) Kumar, Harsh 14	2) Dhull, Harsh 14	3) Kumar, Dhruv 13 4) Kumar, Ansh 12
9	Jhajjar	A	
	1) Joon, Aryan 14	2) Khatri, Nitesh 13	3) Dalal, Veer 12 4) Lathar, Rohit 13
10	Rohtak	A	
	1) Ahlawat, Aadish 13	2) -, Dungarmal 13	3) Lakra, Daksh 12 4) Punia, Dhruv 14

**Event 110 Girls 12-14 400 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>			
3	Palwal	A	
	1) Julka, Niyati 13	2) Julka, Harshika 14	3) Dahiya, Krisha 12 4) -, Chhavi 12
4	Shah Satnam	A	
	1) -, Samiya 13	2) -, Kanishka 14	3) -, Palak 13 4) Kaur, Ashmeet 14
5	Gurugram	A	
6	Charkhi Dadri	A	
	1) Phogat, Shakshi 14	2) ., Snover 13	3) ., Himani 14 4) ., Bhautik 12
7	Sonipat	A	
	1) -, Yashika 14	2) -, Shivanshi 13	3) -, Pranjal 13 4) -, Shreya 12
8	Jhajjar	A	
	1) -, Aahana 14	2) -, Ishika 13	3) -, Tejasvi 13 4) -, Vidushi 13

**Event 111 Boys 15-17 50 LC Meter Breaststroke**

Lane	Name	Age Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>			
3	-, Lovenik	16 Kaithal	
4	Nain, Raman	15 Fatehabad	
5	Khan, Nishar	15 Hisar	
6	Bhambu, Mandeep	17 Panchkula	
7	Gill, Shobhit	16 Kaithal	
<b>Heat 2 of 3 Timed Finals</b>			
1	Brar, Prabhtaj	16 Shah Satnam	
2	., Dkshit	16 Bhiwani	
3	Yadav, Rudransh	16 Faridabad	
4	-, Nitish	15 Shah Satnam	
5	Singh, Kabeer	17 Gurugram	
6	Rao, Shivaji	15 Faridabad	
7	., Subham	16 Charkhi Dadri	
8	Bhardwaj, Ujjwal	17 Ambala	
9	Sehrawat, Daksh	15 Hisar	
10	Sharma, Aryan	15 Yamunanagar	

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**Heat 3 Timed Finals... (Event 111 Boys 15-17 50 LC Meter Breaststroke)**

1	Dahiya, Arjun	16	Jhajjar
2	Kaul, Aadiv	17	Gurugram
3	-, Gourav	15	Panipat
4	Malik, Mohit	17	Faridabad
5	-, Nitin	17	Jhajjar
6	Arya, Neer	15	Sonipat
7	-, Atul	17	Jhajjar
8	Adhikari, Naman	15	Ambala
9	Tapuriah, Saiansh	15	Gurugram
10	Adhikari, Nayan	15	Ambala

**Event 112 Girls 15-17 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Timed Finals**

4	-, Shiksha	15	Karnal
5	., Anshika	17	Charkhi Dadri
6	Khatri, Bheeni	15	Faridabad

**Heat 2 of 2 Timed Finals**

1	Insan, Aena	17	Shah Satnam
2	-, Bhavika	16	Jhajjar
3	Raha, Ayanna	17	Gurugram
4	Ghose, Prapti	16	Gurugram
5	Dalal, Priyanshi	17	Jhajjar
6	Shingari, Samiya	15	Gurugram
7	Lohchab, Gauri	16	Sonipat
8	Thakur, Aasma	16	Ambala
9	Mathur, Khushi	16	Ambala
10	Nain, Siddhi	16	Hisar

**Event 113 Men 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Timed Finals**

4	Kamboj, Bhoumik	13	Sirsa
5	Phogat, Daksh	18	Jhajjar
6	Khokher, Dishant	19	Jhajjar

**Heat 2 of 2 Timed Finals**

2	Rana, Rudra	13	Gurugram
3	-, Ishant	12	Palwal
4	Bahl, Arjun	18	Gurugram
5	Kumar, Krishan	37	Jind
6	-, Sahil	18	Ambala
7	-, Kartik	15	Palwal
8	Kalra, Aryan	13	Gurugram
9	-, Bholender	21	Jhajjar

**Event 114 Women 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Timed Finals**

3	-, Yamini	18	Hisar
4	Gupta, Eava	13	Gurugram
5	-, Bharti	21	Sonipat
6	., Trisha	12	Sonipat
7	Raina, Suditi	14	Gurugram
8	Verma, Asmita	16	Hisar

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**Event 115 Boys 12-14 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
3	Dhull, Harsh	14	Jind	
4	Kumar, Priyanshu	12	Jind	
5	Nuian, Aatish	14	Sirsa	
6	Kamboj, Bhounik	13	Sirsa	
7	Sindhu, Arnav	12	Charkhi Dadri	
8	Dalal, Veer	12	Jhajjar	
<b>Heat 2 of 2 Timed Finals</b>				
1	Rana, Rudra	13	Gurugram	
2	Malhotra, Saksham	13	Ambala	
3	Mathur, Arjun	14	Ambala	
4	Bali, Shivanssh	14	Panipat	
5	Singh, Darsh	14	Faridabad	
6	Bali, Siddhanth	14	Panipat	
7	-, Dungarmal	13	Rohtak	
8	Kharb, Devesh	12	Gurugram	
9	Singh, Shivansh	12	Gurugram	
10	Kumar, Dhruv	13	Jind	

**Event 116 Girls 12-14 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
4	Nanavaty, Anika	13	Gurugram	
5	Singh, Lakshita	14	Faridabad	
6	Sheth, Priyasha	12	Gurugram	

**Event 117 Boys 7 & Under 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
3	Malik, Udbhav	6	Jhajjar	
4	-, Aarav	6	Charkhi Dadri	
5	Aggarwal, Shrey	6	Faridabad	
6	Dhankhar, Abir	6	Charkhi Dadri	
7	-, Lakshya	7	Kaithal	
8	Phogat, Hardik	5	Charkhi Dadri	
<b>Heat 2 of 2 Timed Finals</b>				
1	Lakhlán, Mukul	7	Hisar	
2	Garhwal, Dakshveer	7	Hisar	
3	Bhardwaj, Kartavya	6	Gurugram	
4	Malik, Priyank	7	Panipat	
5	Thakkar, Aaron	7	Panchkula	
6	Singh, Samarth Baldev	6	Panipat	
7	Dahiya, Sarvam	7	Sonipat	
8	-, Aditya	7	Sonipat	
9	Choudhary, Divit	7	Gurugram	
10	Singh, Advait	7	Gurugram	

**Event 118 Girls 7 & Under 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
2	Choudhary, Lisha	7	Hisar	
3	Maleshwar, Inaya	6	Charkhi Dadri	
4	Singh, Vaidehi	7	Hisar	
5	-, Trisha	7	Sonipat	
6	Bindra, Saira	6	Sonipat	
7	Bhatia, Ameeraa	7	Karnal	

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**Heat 1 of 2 Timed Finals**

8 Dhankhar, Avantika 7 Charkhi Dadri

**Heat 2 of 2 Timed Finals**

1	Chahar, Anshika	6	Jhajjar
2	Satija, Kezia	7	Gurugram
3	Kaur, Ruhman	7	Ambala
4	-, Ambreen	6	Jhajjar
5	-, Avni	7	Shah Satnam
6	Buduri, Riana	6	Ambala
7	Bhardwaj, Avni	7	Jhajjar
8	Dhawan, Navika	7	Ambala
9	Shahi, Kianna	7	Gurugram
10	Singh, Shambhavi	7	Gurugram

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**Event 119 Boys 10-11 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>				
1	Sharma, Shiven	11	Kaithal	
2	Khurana, Jaivardhan	11	Kurukshetra	
3	Chahal, Akshit	10	Karnal	
4	Insan, Gurleen	11	Shah Satnam	
5	-, Ayush	10	Jind	
6	-, Evyan	11	Shah Satnam	
7	Sheoran, Krish	11	Charkhi Dadri	
8	Chauhan, Reyaan	11	Panchkula	
9	Arora, Hargun	10	Kurukshetra	
10	Saini, Paramveer	11	Karnal	
<b>Heat 2 of 3 Timed Finals</b>				
1	Ladwal, Dheeren	11	Jind	
2	Bishnoi, Samar	10	Hisar	
3	Bageshar, Harsh	11	Palwal	
4	Sharma, Chirag	10	Gurugram	
5	Mandhan, Pranav	10	Yamunanagar	
6	-, Jatanvir	11	Hisar	
7	-, Yuvraj	11	Sonipat	
8	Minhas, Prahlad	11	Gurugram	
9	Shandilya, Rudra	11	Faridabad	
10	Kumar-, Harsh	10	Jind	
<b>Heat 3 of 3 Timed Finals</b>				
1	Insan, Sukhesh	10	Shah Satnam	
2	Yadav, Mayank	11	Jhajjar	
3	Thakur, Arsh	11	Ambala	
4	Singh, Agamjit	11	Ambala	
5	Malik, Anav	11	Sonipat	
6	-, Vansh	11	Jhajjar	
7	Asif, Aarez	11	Faridabad	
8	-, Rishab	11	Ambala	
9	Bhardwaj, Aarav	10	Jhajjar	
10	Satija, Vivaan	11	Gurugram	

**Event 120 Girls 10-11 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>				
4	Khniyo, Eva	11	Kaithal	
5	Sangwan, Aarvi	10	Charkhi Dadri	
6	-, Prachi	10	Charkhi Dadri	
7	-, Divyanshi	11	Karnal	
<b>Heat 2 of 3 Timed Finals</b>				
1	Dhillon, Muskan	11	Hisar	
2	Khan, Qasira	10	Bhiwani	
3	Kaur, Gurnoor	11	Shah Satnam	
4	Kaur, Gursparsh	11	Shah Satnam	
5	Chugh, Yana	11	Sonipat	
6	Ranjan, Aditi	11	Yamunanagar	
7	Gupta, Siddhi	11	Faridabad	
8	Sharma, Chaitanya	11	Faridabad	
9	-, Aarohi	11	Hisar	
10	Goyal, Moksha	11	Sirsa	



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**Heat 3 Timed Finals... (Event 120 Girls 10-11 50 LC Meter Backstroke)**

1	Biyani, Harshita	10	Jhajjar
2	Dahiya, Verushka	11	Palwal
3	Shamra, Aashvi	11	Gurugram
4	Reddy, Kandala Chaikrika	10	Ambala
5	-, Shruti	11	Sonipat
6	Singh, Ridima	11	Panipat
7	Sharma, Yuvika	10	Gurugram
8	Vyas, Pratishtha	11	Gurugram
9	Gupta, Suvidhi	10	Jhajjar
10	Uppal, Saanvi	11	Faridabad

**Event 121 Boys 12-14 50 LC Meter Backstroke**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 4 Timed Finals</b>				
3	Chauliya, Chirag	12	Kurukshetra	
4	Arora, Grishm	13	Kurukshetra	
5	Patel, Jivitesh	14	Faridabad	
6	Insan, Sahaj	12	Shah Satnam	
7	-, Rudraksh	14	Kaithal	
8	Kumar, Vasu	12	Panchkula	
<b>Heat 2 of 4 Timed Finals</b>				
1	Phogat, Darshan	12	Charkhi Dadri	
2	-, Nischay	14	Hisar	
3	., Piyush	13	Bhiwani	
4	-, Harshit	12	Sirsa	
5	-, Sagar	14	Shah Satnam	
6	Badgaiyan, Lakshya	12	Gurugram	
7	-, Kamal	12	Sirsa	
8	Rathore, Divit	13	Faridabad	
9	Kumar, Harsh	14	Jind	
10	Dhull, Harsh	14	Jind	
<b>Heat 3 of 4 Timed Finals</b>				
1	Kumar, Darsh	12	Faridabad	
2	Sihag, Naitik	12	Hisar	
3	., Kunal	13	Charkhi Dadri	
4	Sharma, Yajat	12	Ambala	
5	Sardana, Sanyam	14	Ambala	
6	Lakra, Daksh	12	Rohtak	
7	Yadav, Yuv	14	Gurugram	
8	Rangi, Aditya	13	Gurugram	
9	Ahuja, Parth	14	Hisar	
10	-, Aditya	14	Sirsa	
<b>Heat 4 of 4 Timed Finals</b>				
1	Bali, Shivanssh	14	Panipat	
2	-, Vihan	12	Jhajjar	
3	Kumar, Aman	14	Shah Satnam	
4	Dhull, Shubham	14	Sonipat	
5	Joon, Aryan	14	Jhajjar	
6	-, Ishant	12	Palwal	
7	Lathar, Rohit	13	Jhajjar	
8	Deswal, Aditya	14	Panipat	
9	Shekhawat, Pulkesh	14	Sonipat	
10	Singh, Satkartar	14	Ambala	

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**Event 122 Girls 12-14 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>				
2	Goel, Kaavya	12	Kaithal	
3	., Lavnya	12	Bhiwani	
4	Mor, Roonie	12	Hisar	
5	Kaur, Jaspreet	13	Shah Satnam	
6	Gupta, Jaishree	13	Sirsa	
7	-, Oshin	13	Sirsa	
8	Kumari, Diksha	14	Bhiwani	
9	Miglani, Yashika	13	Kaithal	
<b>Heat 2 of 3 Timed Finals</b>				
1	Ranga, Alisha	13	Yamunanagar	
2	Choudhary, Diksha	12	Hisar	
3	-, Aahana	14	Jhajjar	
4	Nuian, Anushka	14	Sirsa	
5	Kaur, Anureet	13	Rohtak	
6	Kaur, Mannat	12	Yamunanagar	
7	Mehta, Ramya	13	Ambala	
8	Thakurela, Aarna	13	Faridabad	
9	Saini, Aanya	14	Faridabad	
10	-, Sonika	12	Shah Satnam	
<b>Heat 3 of 3 Timed Finals</b>				
1	Saroha, Aevina	12	Sonipat	
2	Nanavaty, Anika	13	Gurugram	
3	Chaudhary, Swarnima	13	Sonipat	
4	Sainger, Harshika	12	Panchkula	
5	Saroha, Ilisha	12	Gurugram	
6	-, Yashika	14	Sonipat	
7	-, Greta	14	Faridabad	
8	Dwivedi, Alisha	12	Gurugram	
9	-, Ishika	13	Jhajjar	
10	Singh, Ashima	12	Gurugram	

**Event 123 Boys 15-17 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>				
3	-, Luvekesh	16	Kaithal	
4	-, Dev	17	Karnal	
5	-, Harshit	16	Kaithal	
6	-, Harmanpreet	16	Panchkula	
7	Sharma, Laksh	17	Kurukshetra	
8	Kumar, Rajat	15	Bhiwani	
<b>Heat 2 of 3 Timed Finals</b>				
1	., Ranjan	17	Bhiwani	
2	Yadav, Rudransh	16	Faridabad	
3	Singh, Navreet	17	Sirsa	
4	Ahuja, Kavyan	16	Sirsa	
5	Gulati, Siddharth	15	Gurugram	
6	Malik, Udit	16	Faridabad	
7	-, Rahul	16	Sirsa	
8	Khan, Nishar	15	Hisar	
9	Brar, Prabhtaj	16	Shah Satnam	
10	Phogat, Chintu	16	Charkhi Dadri	

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**Heat 3 Timed Finals... (Event 123 Boys 15-17 50 LC Meter Backstroke)**

1	Sehrawat, Daksh	15	Hisar
2	Bhardwaj, Antarmann	17	Ambala
3	Khatri, Ayaan Veer	15	Sonipat
4	Kumar, Naveen	16	Shah Satnam
5	Singh, Arjun	16	Gurugram
6	Malik, Mohit	17	Faridabad
7	Lohchab, Tushar	15	Jhajjar
8	Sharma, Aryan	15	Ambala
9	-, Tanuj	16	Panipat
10	., Prince	16	Gurugram

**Event 124 Girls 15-17 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Timed Finals**

4	-, Shiksha	15	Karnal
5	-, Alka	16	Karnal
6	., Falak	15	Kurukshetra

**Heat 2 of 3 Timed Finals**

1	., Jasmeen	16	Bhiwani
2	Malik, Kashish	17	Faridabad
3	Wadhawan, Diya	15	Yamunanagar
4	., Anshika	17	Charkhi Dadri
5	-, Shagun	17	Shah Satnam
6	., Ramanya	15	Bhiwani
7	-, Aishwarya	15	Panipat
8	Mehta, Rhythm	17	Yamunanagar
9	Kaur, Jaspreet	15	Yamunanagar
10	Khatri, Angelina	15	Faridabad

**Heat 3 of 3 Timed Finals**

1	-, Sonmeet	17	Shah Satnam
2	Mehta, Pratha	17	Ambala
3	Ghose, Prapti	16	Gurugram
4	Prathambir, Veera	17	Gurugram
5	Thakur, Kunjal	16	Ambala
6	Nair, Keisha	15	Gurugram
7	Kaur, Arshpreet	16	Panchkula
8	Verma, Asmita	16	Hisar
9	Tushir, Monisha	17	Sonipat
10	-, Nandini	15	Sonipat

**Event 125 Men 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Timed Finals**

4	-, Robin	25	Panchkula
5	Saini, Udit	15	Shah Satnam
6	-, Prikshit	15	Sirsa

**Heat 2 of 4 Timed Finals**

1	Singh, Avtar	17	Shah Satnam
2	Kumar, Sonu	19	Jhajjar
3	Bishnoi, Bharat	16	Shah Satnam
4	Phogat, Daksh	18	Jhajjar
5	-, Bholender	21	Jhajjar
6	Deswal, Bhumik	19	Jhajjar
7	Gulia, Prasant	20	Jhajjar
8	., Subham	16	Charkhi Dadri
9	Kumar, Himant	20	Panchkula
10	Majoka, Naman	18	Karnal

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**Heat 2 of 4 Timed Finals****Heat 3 of 4 Timed Finals**

1	Kumar, Sunil	33	Bhiwani
2	-, Ankit	25	Hisar
3	-, Shekhar	19	Yamunanagar
4	Hans, Deepanshu	19	Gurugram
5	Singh, Arnav	17	Gurugram
6	., Tushar	18	Charkhi Dadri
7	Saroja, Sonit	12	Sonipat
8	Chandel, Jaiaditya	18	Faridabad
9	-, Aman	21	Hisar
10	Malik, Udit	16	Faridabad

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**Heat 4 Timed Finals... (Event 125 Men 100 LC Meter Freestyle)**

1	-, Sarthak	20	Ambala
2	-, Aditay	19	Jind
3	Nain, Robin	19	Ambala
4	Arya, Atul	18	Panipat
5	Mahajan, Priyanshu	21	Faridabad
6	Saroha, Harsh	20	Sonipat
7	Vijayran, Vaibbhav	23	Jhajjar
8	-, Avtansh	24	Sonipat
9	., Aditya	21	Bhiwani
10	Yadav, Mayank	20	Faridabad

**Event 126 Women 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Timed Finals**

3	-, Vidushi	18	Shah Satnam
4	-, Kavya	16	Shah Satnam
5	Malik, Kashish	17	Faridabad
6	Khatri, Vanshika	17	Jhajjar
7	-, Simran	18	Sirsa
8	-, Jyoti	21	Shah Satnam

**Heat 2 of 2 Timed Finals**

1	Mishra, Shikha	20	Faridabad
2	-, Divanshi	19	Hisar
3	Phogat, Heena	18	Charkhi Dadri
4	Bhardwaj, Kamyra	18	Gurugram
5	-, Bharti	21	Sonipat
6	-, Monika	16	Jind
7	Nawani, Ansha	22	Sonipat
8	Khatri, Bheeni	15	Faridabad
9	Verma, Asmita	16	Hisar
10	-, Manju	40	Jhajjar

**Event 127 Boys 15-17 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Timed Finals**

2	., Yashdeep	16	Charkhi Dadri
3	-, Tanuj	16	Panipat
4	Sharma, Sheersh	16	Gurugram
5	Joon, Mayank	17	Jhajjar
6	Bhardwaj, Rijul	16	Gurugram
7	Goyat, Rakshit	15	Palwal
8	Insan, Harmeet	15	Shah Satnam

**Event 128 Girls 15-17 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Timed Finals**

3	Labh, Mrinal	16	Gurugram
4	Mor, Inayat	15	Hisar
5	-, Mohini	16	Jhajjar
6	Verma, Samriddhi	16	Gurugram
7	Panwar, Trisha	15	Hisar

**Event 129 Boys 8-9 200 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Timed Finals**

4	Charkhi Dadri	A	
5	Gurugram	A	
	1) Sangwan, Tejas 8	2) ., Daksh 9	3) Panwar, Bhishm 8
			4) Sangwan, Rudraksh 8

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**Heat 1 of 1 Timed Finals**

6	Sonipat		A	
	1) -, Viraaj 9	2) -, Vihaan 9	3) Antil, Ayush 9	4) -, Mikunj 8

**Event 130 Girls 8-9 200 LC Meter Medley Relay**

<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
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**Heat 1 of 1 Timed Finals**

5	Gurugram		A	
6	Charkhi Dadri		A	
	1) -, Punj 9	2) ., Vidhi 9	3) Dhankhar, Jagriti 9	4) Phogat, Ananya 9

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**Event 131 Boys 15-17 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>			
2	Charkhi Dadri	A	
	1) ., Subham 16	2) ., Aman 16	3) Singh, Ishant 16
	4) ., Yashdeep 16		
3	Shah Satnam	A	
	1) Kumar, Naveen 16	2) Choudhary, Suprem 17	3) Insan, Harmeet 15
	4) -, Nitish 15		
4	Sonipat	A	
	1) Khatri, Uttam 16	2) Arya, Neer 15	3) -, Gaurav 15
	4) Khatri, Ayaan Veer 15		
5	Sirsa	A	
	1) -, Prikshit 15	2) -, Rahul 16	3) Ahuja, Kavayan 16
	4) Singh, Navreet 17		
6	Hisar	A	
7	Ambala	A	
	1) Sharma, Aryan 15	2) Adhikari, Naman 15	3) Adhikari, Nayan 15
	4) Bhardwaj, Ujjwal 17		
8	Jhajjar	A	
	1) -, Saksham 16	2) Joon, Mayank 17	3) -, Ishant 15
	4) -, Atul 17		
9	Gurugram	A	

**Event 132 Girls 15-17 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>			
3	Jhajjar	A	
	1) Dalal, Priyanshi 17	2) -, Mohini 16	3) -, Bhavika 16
	4) Mann, Sunaina 17		
4	Sonipat	A	
	1) Lohchab, Gauri 16	2) -, Nandini 15	3) Tushir, Nishika 16
	4) Sharma, Aishwarya 17		
5	Ambala	A	
	1) Thakur, Kunjal 16	2) Thakur, Aasma 16	3) Mehta, Pratha 17
	4) Mathur, Khushi 16		
6	Hisar	A	
	1) Verma, Avnita 16	2) Verma, Asmita 16	3) Nain, Siddhi 16
	4) Mor, Inayat 15		
7	Gurugram	A	
8	Shah Satnam	A	
	1) Insan, Khushmil 15	2) -, Sonmeet 17	3) Insan, Aena 17
	4) Kumari, Nibha 16		